



In-Person & Online SAL Key 3 Guidelines:

Those serving as Group Moderator, Co-Moderator, & Secretary are referred to as the Key 3. The Key 3 are voluntary service positions that change every 6 months. During their length of service, these Key 3 individuals oversee their individual SAL group and carry the responsibility to ensure that meetings adhere to SAL guidelines and are safe, healthy, recovery-based meetings. (These guidelines are found in the SAL Recovering Individuals, Healing Families book pg. 303-310 & on pg. 339 the 12 Tenets of SAL.)

If there is a problem or a concern in the meeting, the Key 3 should address this in a Group Conscience with their individual group. If more feedback or intervention is needed from the Foundation, Group Moderators' first point of contact is their Service Council Director.

In continuing efforts to create safe, effective, and recovery-based SAL 12-step meetings, S.A. Lifeline Foundation holds Quarterly Trainings for all Key 3 members. These trainings are with Steven and Rhyll Croshaw and are held in place of the monthly Service Council Training held for moderators. This training will help ensure that the SAL culture is consistent as our meetings grow in number and geographical range. It is imperative that individual SAL groups understand and exemplify the basic principles of recovery, including:

- Groups study the 12 steps of SA & S-Anon and use only approved materials in meetings.
- We understand recovery through a trauma-informed lens.
- We emphasize sobriety as the foundation of recovery. "Without sobriety we have nothing to offer anyone."
- Shares are recovery-based: we focus on the solution, not on the problem.
- Meetings are non-denominational.
- Members speak in the "I" and "me", not the "you" or "we."
- Recovery meetings are spiritually based and gender-specific.

The Key 3 are required to attend these Quarterly Trainings during their time of service. This is a great opportunity to learn in a small group setting from the experience, strength, and hope of Steven & Rhyl Croshaw, the S.A. Lifeline Founders, as well as to build connections and community with SAL members across the world.

Thank you so much for your willingness to serve in the fellowship. As the program grows and meetings multiply, it is the individual strength, hope, and experience of each member that will keep SAL meetings a safe and effective place to find healing and long-term recovery, one day at a time.

SAL/S.A. Lifeline Organizational Structure: (This is to help you understand who is over the Key 3)

The SAL Women's Executive Director (This is a Foundation position)

- Serves as a point of contact/communication between the Foundation and SAL groups
- Serves as a point of contact/support to Service Council Directors
- Runs GroupMe account for Service Council Directors to communicate announcements from the Foundation to Key 3 members.
- Attends monthly Service Council Trainings & adds agenda items from the Foundation as needed

Service Council Directors (These are SAL volunteers)

- Oversee 5-10 individual SAL groups
- Report back to the SAL Women's Executive Director consistently
- Serve as points of contact/support to Group Moderators & Key 3's
- Communicate announcements from the Foundation to Group Moderators & Key 3 members
- Run/coordinate monthly Service Council Training
- Attend and conduct Quarterly Trainings
- Ensure that all Group Moderators receive a zoom link to Monthly Trainings
- Ensure that all Key 3 members receive a zoom link to all Quarterly Trainings with adequate time to plan ahead
- Ensures all New Key 3's have received proper training