



## **SAL Meeting Service Guidelines**

In order to create a safe, effective, and recovery-based 12-step program, S.A. Lifeline Foundation holds Quarterly Trainings for all SAL 12 Step Service Members.

Those serving in the following positions: **Group Moderator, Assistant Group Moderator, & Secretary** are referred to as the **Key 3**. The Key 3 are voluntary service positions that rotate every 6 months. During their length of service, these Key 3 individuals oversee their individual SAL group and carry the responsibility to ensure that meetings adhere to SAL guidelines and are recovery-based.

If there is a problem or a concern in the meeting, the Key 3 should address this in a Group Conscience with their individual group. If more feedback or intervention is needed from the Foundation, Group Moderators' first point of contact will be their Service Council Rep.

S.A. Lifeline Foundation holds an online quarterly training with Steven and Rhyll C for these Key 3 members. These trainings are held as part of the monthly Service Council meeting once per quarter so as not to add additional meetings. This training will help ensure that the SAL culture is consistent as our meetings grow in number and geographical range. It is imperative that individual SAL meetings understand and exemplify the basic principles of recovery, including:

- Groups study the 12 steps of SA & S-Anon and use only approved materials in meetings.
- We understand recovery through a trauma-informed lens.
- We emphasize sobriety as the foundation of recovery - "Without sobriety we have nothing to offer anyone."
- Shares are recovery-based, we focus on the solution, not on the problem.
- Meetings are non-denominational. Members speak in the "I", not in the "we."
- Recovery meetings are spiritually based and gender-specific.

The Key 3 will be required to attend these Quarterly Trainings during their time of service. This is a great opportunity to learn in a small-group setting from the strength, hope, and experience of Steven & Rhyll C, as well as to build connections and community with other SAL members across the world.

Thank you so much for your willingness to serve in the fellowship. As the program grows and meetings multiply, it is the individual strength, hope, and experience of each member that will keep SAL meetings a safe and effective place to find healing and long-term recovery, one day at a time.

## **SAL/S.A.Lifeline Organizational Structure:**

### **Director of SAL Program (This is a Foundation position)**

- Serves as a point of contact/communication between the Foundation and SAL groups
- Serves as a point of contact/support to Service Council members
- Runs GroupMe account for all Group Moderators to communicate announcements from the Foundation to individual groups.
- Attends monthly Service Council meeting & adds agenda items as needed

### **Service Council Reps (These are SAL volunteers)**

- Oversee 5-10 individual SAL groups
- Report back to Director of SAL Program consistently
- Serve as points of contact/support to Group Moderators
- Runs monthly Service Council meeting
- Attends Quarterly Training

### **Group Moderators (These are SAL volunteers)**

- Moderate individual groups for 6 month period of time
- Report back to Service Council Members consistently
- Communicate announcements from the Foundation to individual SAL Groups
- Attend monthly Service Council meeting

### **Key 3 (Group Moderator/Co-Moderator/Secretary) \*Group Moderator is also a Key 3**

- Serve for 6 month period of time
- Ensure that meetings are recovery-based and adhere to SAL guidelines
- Attend Quarterly Trainings